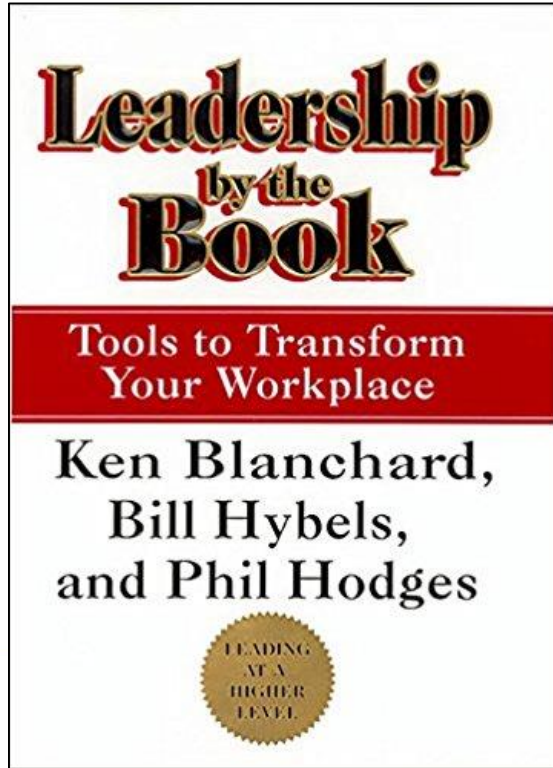




The Wakaya Way

It's about the people!

Leadership by the Book



Whoever wants to
become **GREAT**

**MUST FIRST BE A
SERVANT**

Servant Leaders

...are willing to share power.

Their purpose is to equip other people to become:

- freer,
- more autonomous,
- more capable,
- more effective.

Servant Leaders

The paramount aim of
Servant Leaders is the

**BEST INTEREST OF
OTHERS**

Your gifts are not about **YOU**
Leadership is not about **YOU**
Your purpose is not about **YOU**

A life of significance is about

SERVING

those who need your gifts, your
leadership, your purpose.

Kevin Hall, author "Aspire"

Behold I have **REFINED** thee
but not with silver; I have chosen thee in the
FURNACE OF AFFLICTION.

Isaiah 48:10







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but not with silver; I have chosen thee in the
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Isaiah 48:10

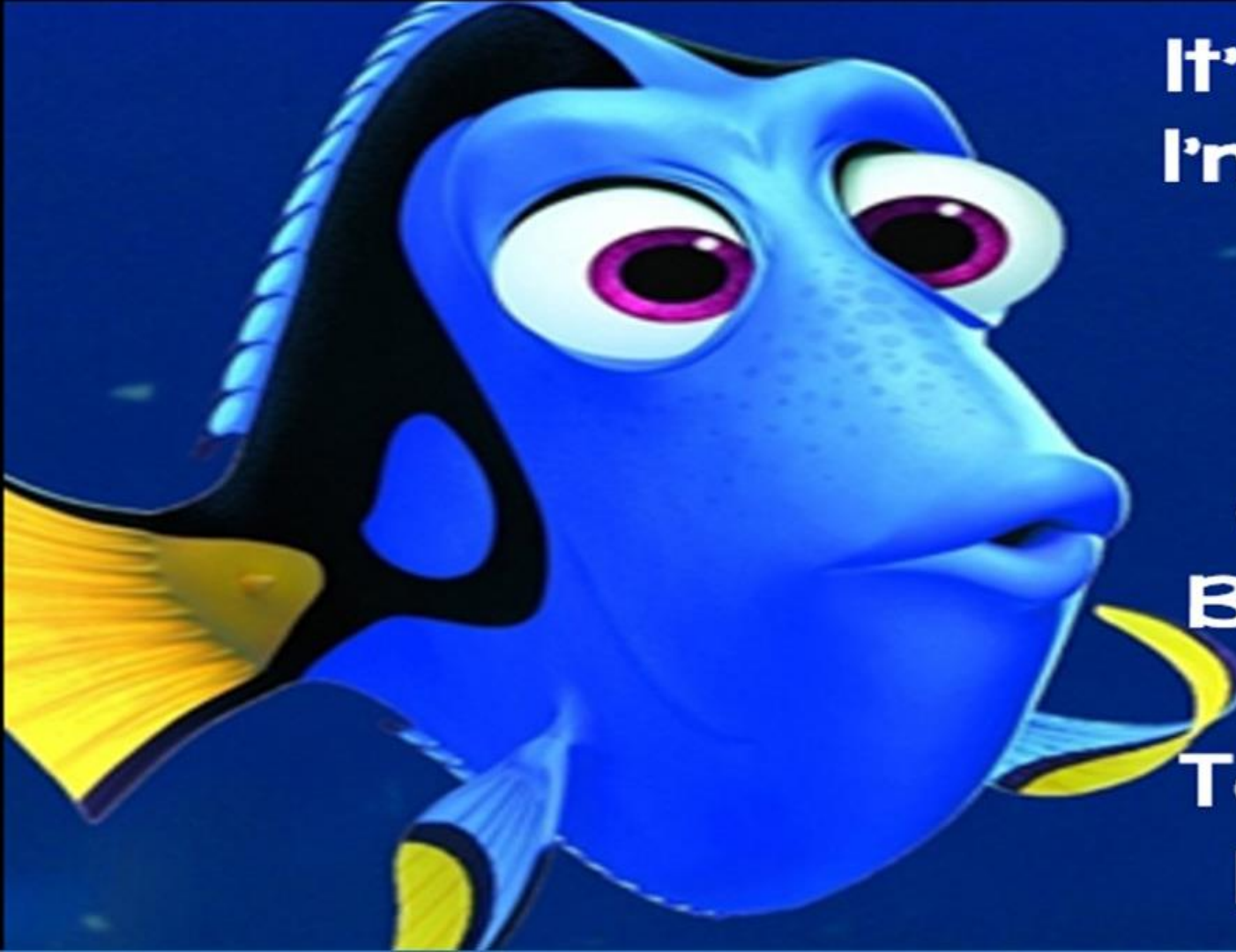


This was me
for 19 years



I didn't mean
to gain weight.

It happened
by snaccident.



**It's settled.
I'm sticking
to my
diet...**

**Oh look!
Brownies
in the
Teacher's
Lounge!**



WAKAYA
PERFECTION™





You have unique experiences and skills.

BELIEVE IN YOURSELF

and find an effective way

by being YOU!

You have unique experiences and skills.

Find your way to

CONTRIBUTE!

Step 2: E.S.P. Experience & Share the Products



**Experience for yourself
what Wakaya Perfection
can do for you
and your family!**

Step 2: E.S.P. Experience & Share the Products



**Collect stories of those
who have experiences
that other people will be
interested in.**



We can have huge
improvements
in our health
if we can impact
the **FOUNDATION**
of our health.



FOUNDATIONAL ELEMENTS:

- 1) Macro-Nutrients
- 2) Digestion

Healthy Foundation vs. Damaged Foundation

**Optimal health,
energy,
performance,
recovery**



**Stress,
chemicals,
GMO food,
pesticides,
radiation,
accidents**

Pain, Disease, Suffering



Macro Nutrients (Fuel)

Nutrients that our bodies use in large amounts.

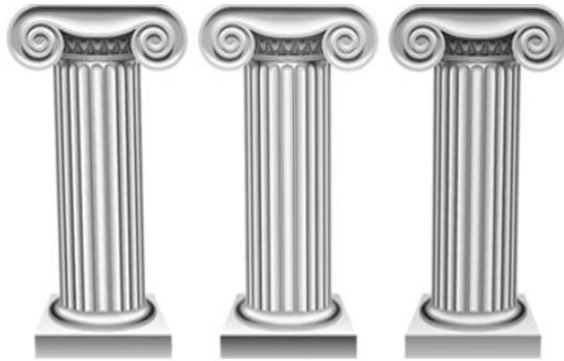
- Carbohydrates
- Protein
- Fats



Macro Nutrients

out of balance can **negatively** impact:

- Blood Sugar
- Energy
- Concentration
- Weight loss or gain



**STRONG
FOUNDATION**

Macro Nutrients

May need to be reset. This is the basis of the

KETOGENIC DIET

Ketogenic Diet

The optimal balance of macronutrients to help turn fat into ketones.

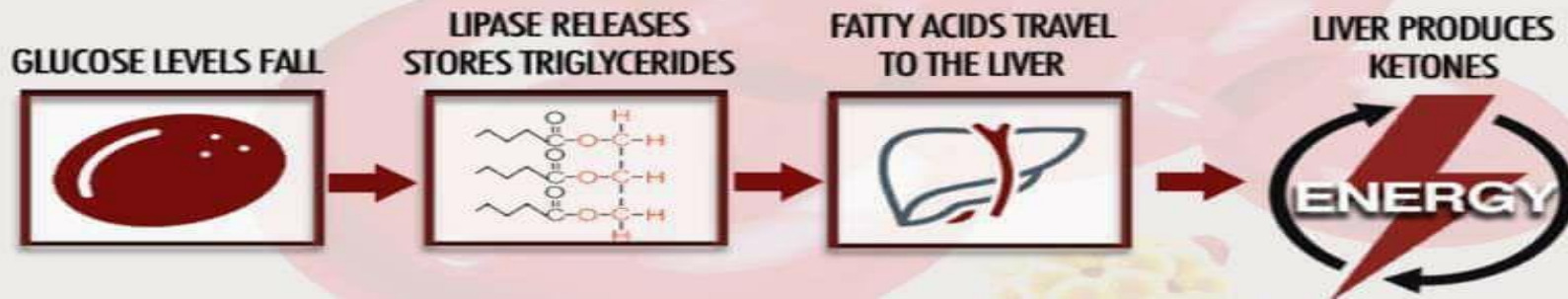


HOW DOES KETOSIS WORK?

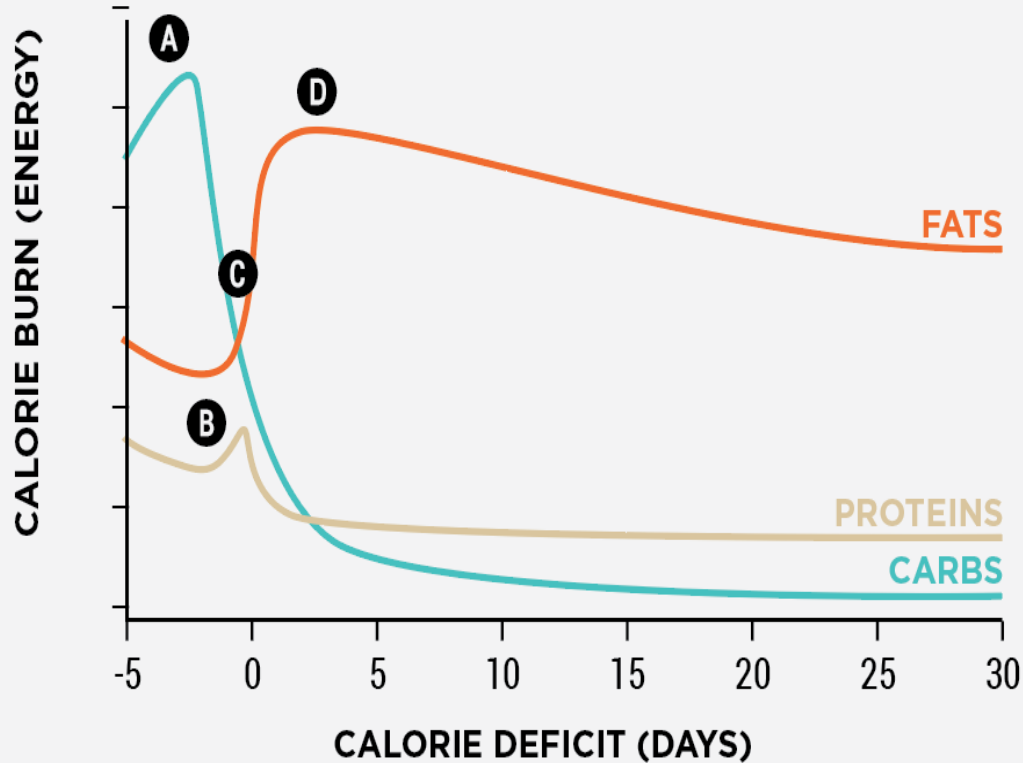
TRADITIONAL DIET: HIGHER CARB



KETO DIET: HIGHER FAT



TRANSITION TO KETOSIS



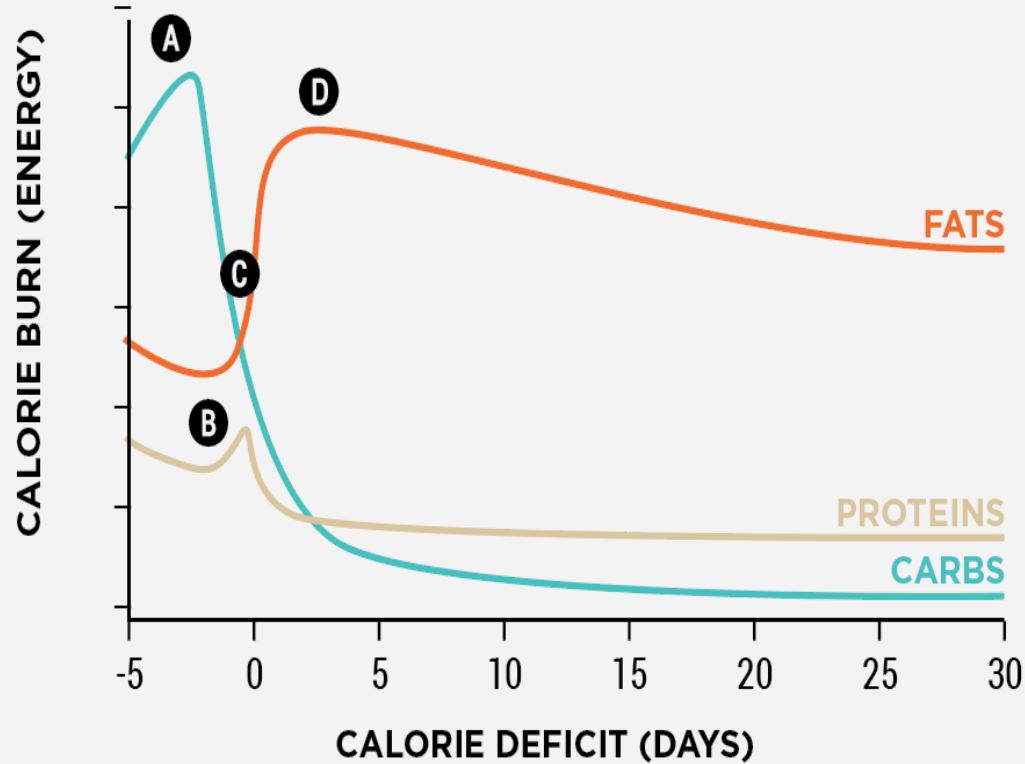
A Carb Zone Glycogen is burned as the primary source of fuel. Energy is high, but glycogen depletes quickly.

B Protein Zone Proteins are converted to glycogen to be burned as fuel. Moderate protein consumption is necessary to avoid muscle deterioration.

C Keto Transition Possible drop in energy and flu like symptoms

D Keto Zone Body is optimized to metabolize fat with ketones and energy is high. Ketogenic diet must be maintained to continue in ketosis.

TRANSITION TO KETOSIS



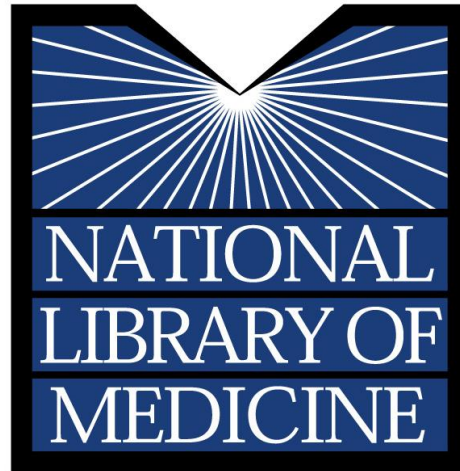
How can I tell when I'm in ketosis?

- Great Energy
- Less Food Cravings or Appetite

Ketogenic Diet

2,000 articles in medical journals
as of 4/14/2017

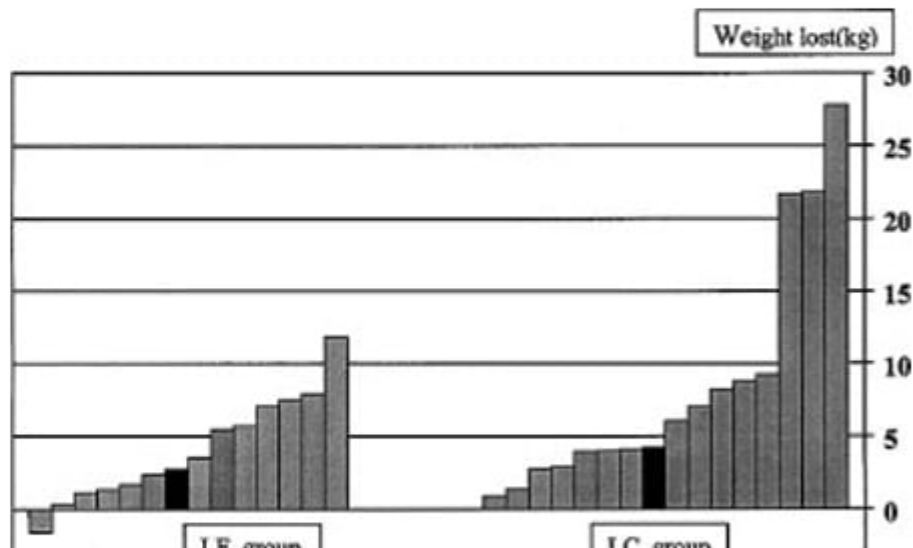
PubMed.gov



3. Sondike SB, et al. **Effects of a low-carbohydrate diet on weight loss and cardiovascular risk factor in overweight adolescents.** *The Journal of Pediatrics*, 2003.

Details: 30 overweight adolescents were randomized to two groups, a low-carb diet group and a low-fat diet group. This study went on for 12 weeks. Neither group was instructed to restrict calories.

Weight Loss: The low-carb group lost 9.9 kg (21.8 lbs), while the low-fat group lost 4.1 kg (9 lbs). The difference was statistically significant.



But even more important
than the *research* are the
RESULTS.

(That's why we specialize in
"High-Impact" products.)



Step 2: E.S.P. Experience & Share the Products



**Collect stories of those
who have experiences
that other people will be
interested in.**

Will Keto work for me?





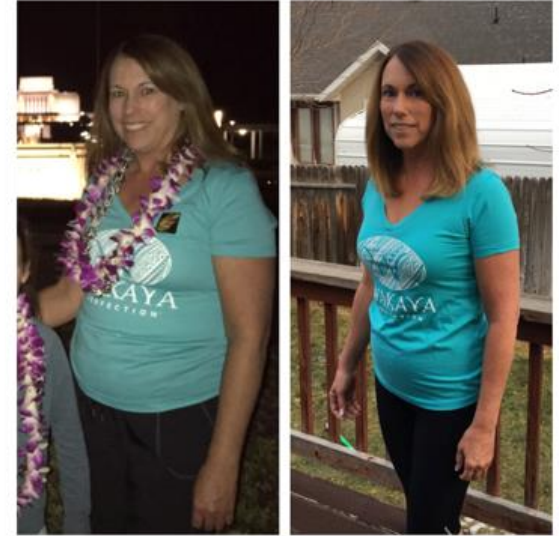
Check out these before and after BulaFIT Weight Loss Warriors!



Blake Graham



Carolyn McKeachie



Patti Gardner

People on the BulaFit Program can expect to lose 1-2 pounds per week. The causes for being over-weight vary from person to person due to genetics, environmental factors, food intake, metabolism and differing levels of exercise. Accordingly, results from the BulaFit Program may vary. No individual result should be seen as typical."

WAKAYA
PERFECTION™

Real Results with Real People!



People on the BulaFit Program can expect to lose 1-2 pounds per week. The causes for being over-weight vary from person to person due to genetics, environmental factors, food intake, metabolism and differing levels of exercise. Accordingly, results from the BulaFit Program may vary. No individual result should be seen as typical."

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PERFECTION™



New Years Retreat Kansas
January 2017



March 31, 2017

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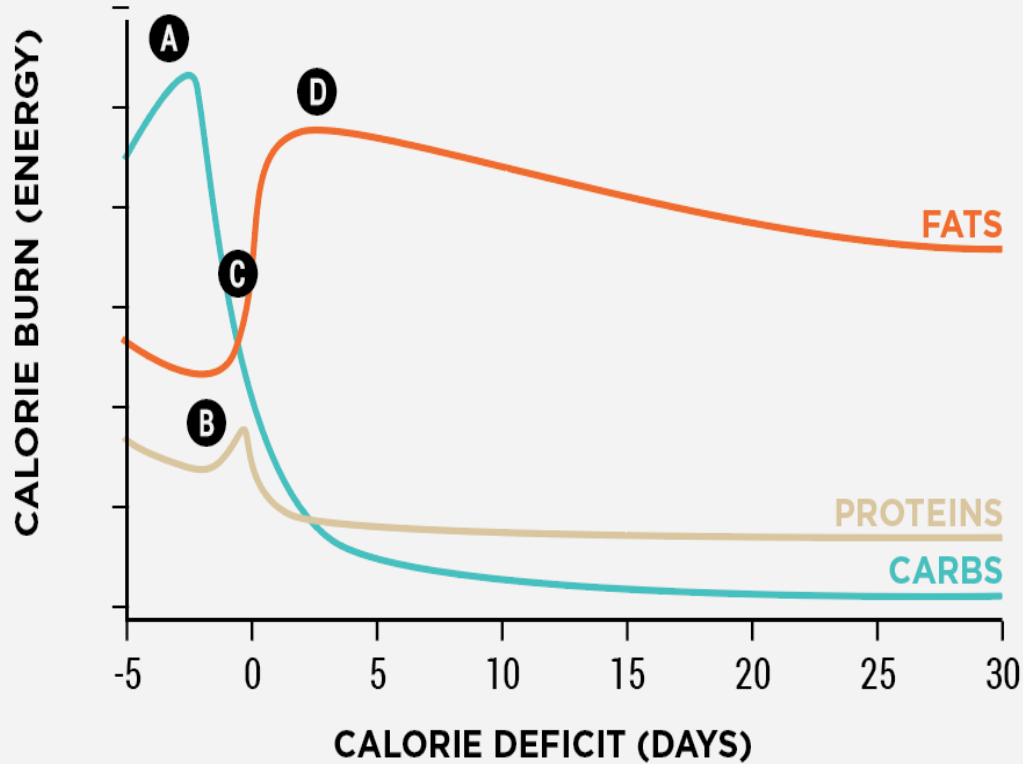
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TRANSITION TO KETOSIS



How can I tell when I'm in ketosis?

- Great Energy
- Less Food Cravings or Appetite

What to do if you're NOT in **KETOSIS?**

What to do if you're NOT in **KETOSIS**?

- Signs of Low Blood Sugar
Low energy, feel sad, jittery
- Try taking LESS Burn
- Adding more fat to your meals

Other KETO tips

- Add more Salt, Ginger, Turmeric
- Magnesium (Bone & Muscle)
- Bowel Movements (Lax)
- More vegetables (with butter & salt)

Toxins Hitting You Daily



From the air we breathe.



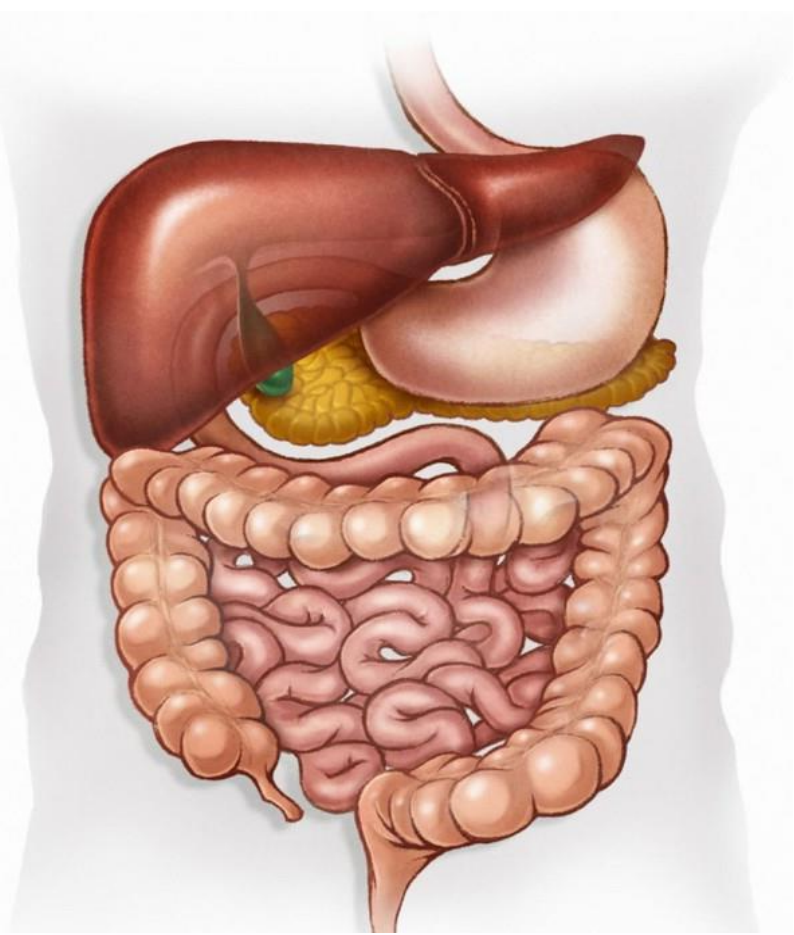
From the water we drink.

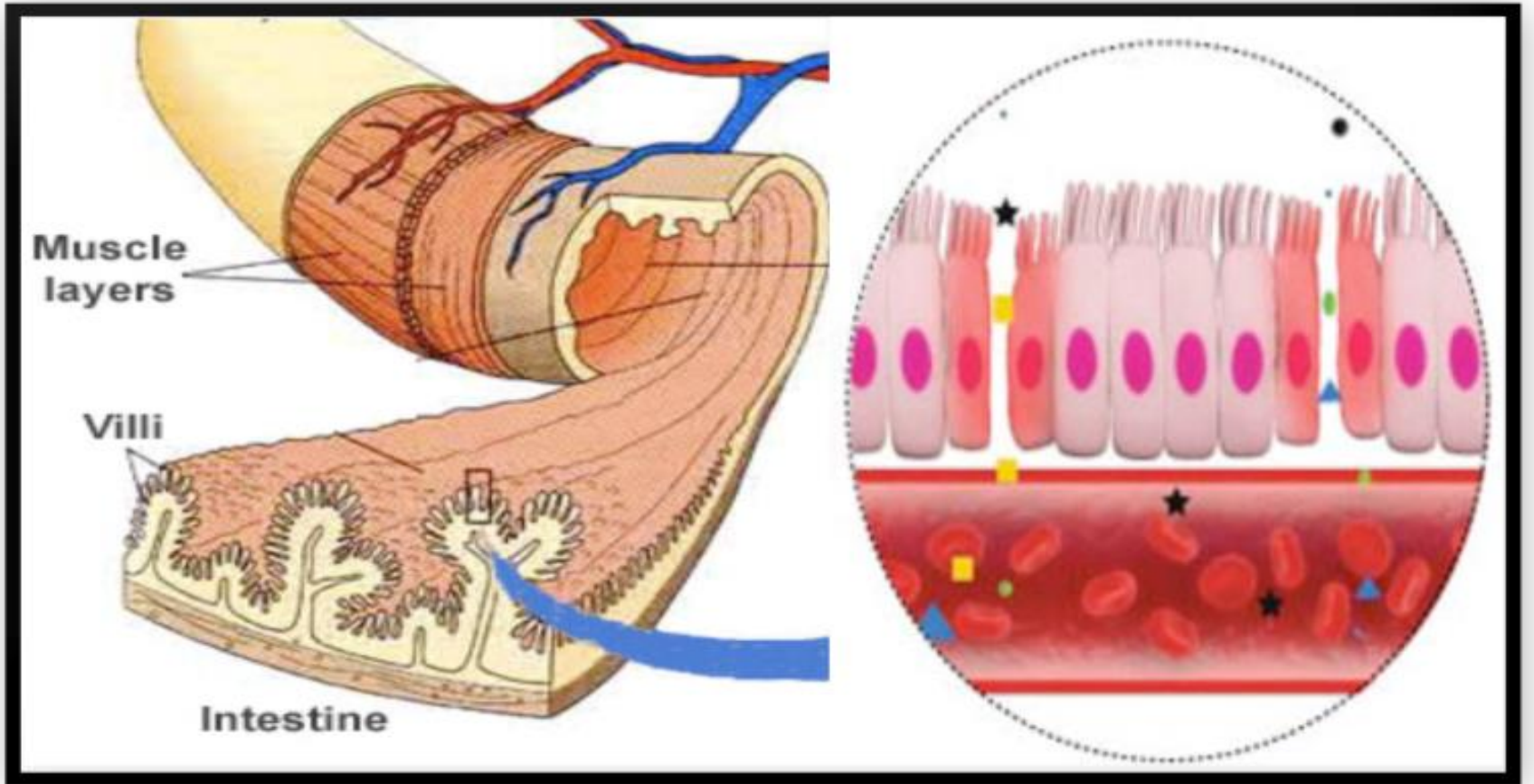


From the food we eat.

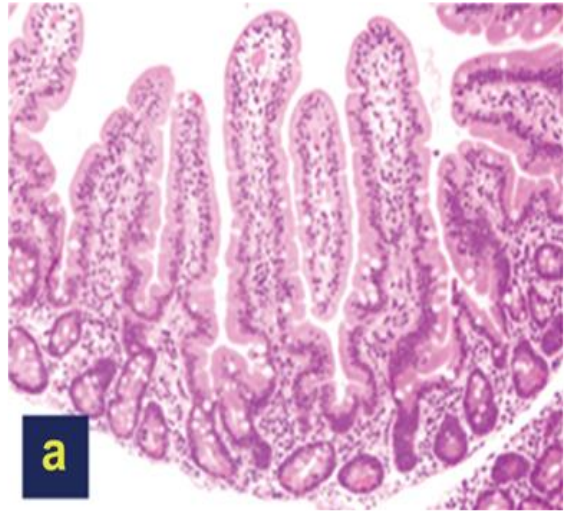
Toxins,
especially in our food,
DAMAGE DIGESTION.

In society today,
the need for
digestion support
is greater than
ever, especially
with **damaged villi.**

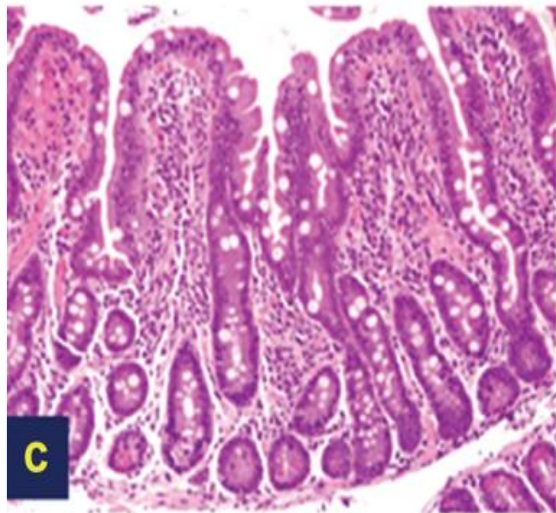




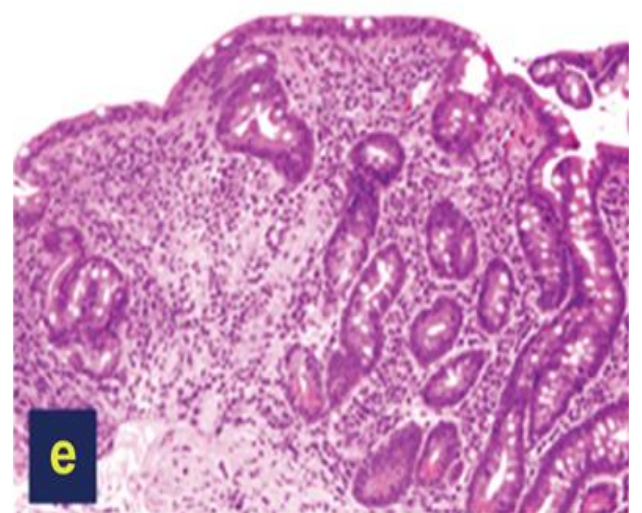
More and more people have **damaged villi**.



Healthy Villi



Modest Damage



Severe Damage

**When digestion is bad,
many things will
BREAK DOWN.**

Do you have **multiple signs of deficiencies?**

Hard Tissue

- bones, joints
- inner ear
- muscles

Soft Tissue

- skin, heart
- lungs, throat
- brain, heart

**FOUNDATION:
DIGESTION,
Essential Macro &
Micro Nutrients**

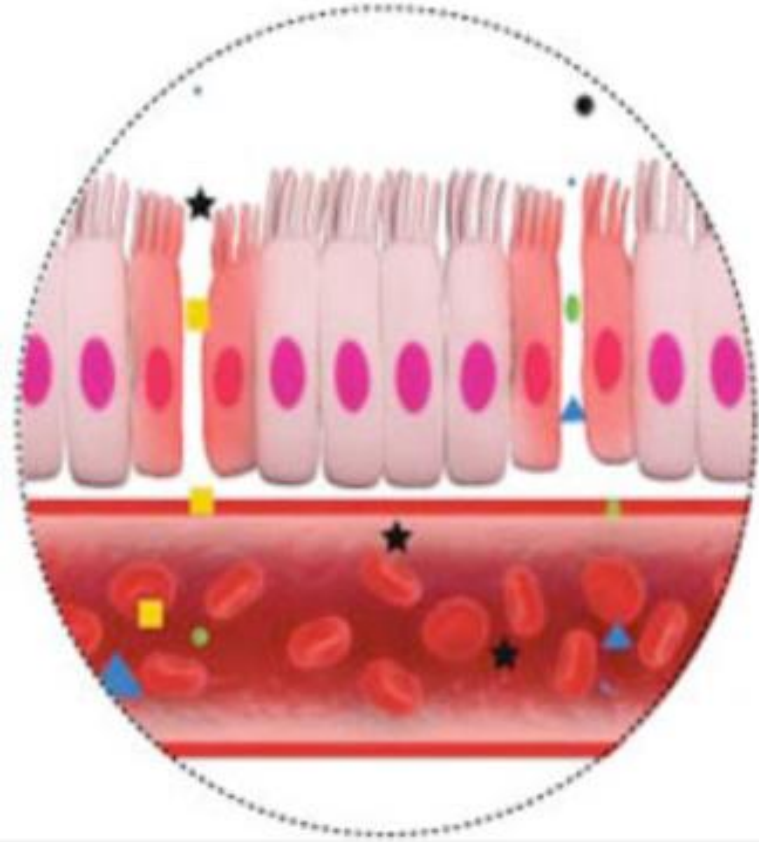
Blood Sugar

- energy
- cravings
- urination, sweating

Other

Digestion Signs

- discomfort
- immune problems
- hormones



What if we could help:

- 1) Pull the nails out**
- 2) Patch the hole**
- 3) Fill in the air**

of a damaged system?

Then we'd be WAKAYA!

No one can do
Digestion Support
like Wakaya Perfection.

“Pulling the Nails Out”






100% PURE CLADIUM BENTONITE CLAY CAN HELP
ABSORB UP TO 36 to 39 TIMES ITS WEIGHT IN TOXINS

“Patching the Hole”







100 % PURE,
POWERFUL HIGH
IMPACT ORGANIC PINK
FIJIAN GINGER
HAS UP TO
3X MORE GINGEROLS*
THAN REGULAR
GINGER POWDER

* ANALYSIS PERFORMED BY PHARMATECH LABS IN MAY 2016

WAKAYA
PERFECTION™

**100% RARE, PURE,
HIGH IMPACT
ORGANIC FIJIAN
TURMERIC
CONTAINING UP TO 5X
MORE CURCUMIN*
THAN REGULAR
TURMERIC POWDER**



WAKAYA

*ANALYSIS PERFORMED BY PHARMATECH LABS IN MAY 2016 PERFECTION™

Ginger & Turmeric are known to help support healthy blood sugar levels and support improved insulin sensitivity.





**Ginger & Turmeric
act as powerful
antioxidants and
support healthy
immune function**

**For extra digestion &
immune support, try extra
(6 to 8 a day)**



PRINCIPLE TO GROWTH



**AS YOU GET BETTER
YOUR BUSINESS CAN
GET BETTER!**

People are attracted to
positive energy.

Be a *Magnet*
NOT a *Hook*

Be your **BEST YOU**

Be the kind of person
that is **ATTRACTIVE**

to the kind of people
you want to
ATTRACT

**IT'S WORTH THE TROUBLE
TO BECOME THE PERSON
YOU WERE
MEANT TO BE**



GETTING STARTED



FIND 2 to 3 WAYS
That YOU can find people
and BUILD!

Ask yourself...

Who would I love
to work with?

“I’d love to work
with you!”

Tell Them!

“I’d LOVE to work with you!

I don’t know if this is for you or not.
That’s a decision for you to make.

**But if you like it even half as much as I
think you will, then we could really_____.”**

- **Invite them to take a look, meet with someone (your mentor, team)**



Responding to: “What do you do?”

- Have you heard of **Fiji Water**?
- **The founder of Fiji Water also founded our company, and we just launched a ketogenic diet program in February.**

Planting a seed.

- **The company has nearly tripled in size and already I'm down 28 lbs.** (your experience)
- **We give free samples.**

Asking for contact information:

- What address would you like me to send the sample to?
- Would you like me to email you some information too?

It's as easy as 1, 2, 3.



- 1 Experience the Results!
- 2 Join the Wakaya family!
- 3 Share your experience!



Welcome to the Wakaya Perfection Family!

Who do you know that would like to sample a weight-loss program that really works?



Timing is everything!

The time is PERFECT for our time tested and industry leading products.

This is the ground floor of a program that will be HUGE.

WAKAYA
PERFECTION™



**It's time to stop
pretending that you're
this average person.**

**You've got
big work to do.**

BIG.



**If you want 1 year of prosperity,
grow grain.**

**If you want 10 years of prosperity,
grow trees.**

**If you want 100 years of prosperity,
grow people.**



**It's all about
the People!**